

No Dancin' Today

Song: I Don't Feel Like Dancin'
Artist: Scissor Sisters- (album version- 4.48min) track 1 off single
Choreographer: Linda & Mitch Burgess-Sydney- Oct-06 (Ph. 0419285389)
Description: 4 Wall- Intermediate- 64 counts
Intro: Wait 32 counts, then start intro on strong beat
1-8 Walk fwd R,L, R fwd coaster, walk back L,R, L coaster, 1-8 Repeat!!!

Beats	Steps
1,2,3&4	Step fwd R & cross slightly over L, step fwd L & cross slightly over R, lock/shuffle fwd R,L,R
5&6,7&8	Step fwd L, pivot ¼ turn R, cross/step L over R, turn ¼ L & step back R, turn ¼ L & step L to L side, cross/step R over L
1&2,3&4	Rock/step L to L, replace weight to R, cross/step L over R, rock/step R to R, replace weight to L, cross/step R over L
&5&6,7&8	Step L to L on ball of foot, cross/step R over L, step L to L on ball of foot, cross/step R over L, turn ¼ R & step back L, step R beside L, step fwd L
1&2&3&4	Cross/step R over L, step L back & slightly L, touch R heel to 45R, step fwd R to 45R, touch L beside R, step L back & slightly L, touch R heel fwd to 45R
&5,6,7&8	Step R beside L, step fwd L, pivot ½ turn R replacing weight to R, turn ½ R & step back L, turn ½ R & step fwd R, step fwd L (optional shuffle fwd L,R,L)
1&2&3&4	Step fwd R, pivot ½ turn L replacing weight to L, step fwd R, step fwd L, touch R beside L, step fwd R, touch L beside R
&5,6,7&8	Step L to L, touch R behind L, unwind 270deg R replacing weight to R, replace weight to L & pop R knee fwd, replace weight to R & pop L knee fwd, replace weight to L & pop R knee fwd (optional - use hips instead)
1&2	Step fwd R, pivot ½ turn R on R & step L back on ball of foot, step R in place (sambas)
3&4	Step fwd L, pivot ½ turn L on L & step R back on ball of foot, step L in place (sambas)
5&6&7,8	Kick R fwd, step R beside L, touch L to L side, step L beside R, step fwd R, pivot ½ turn L (weight L)
1&2,3&4	Rock/step fwd R, replace weight to L, step back R, rock/step back L, replace weight to R, step fwd L
&5&6&7&8	Step R beside L, step fwd L to L45, lock R behind L, step fwd L to L45, lock R behind L, step fwd L to L45, lock R behind L, step fwd L to L45 (use any arm movements that feel good)
1&2,3&4	Turn 45L & shuffle back R,L,R, turn ½ L & shuffle fwd L,R,L
5&6,7&8	Rock/step fwd R, replace weight to L, turn ½ R & step fwd R, turn ½ R & step back L, turn ½ R & step fwd R, step fwd L (optional- shuffle fwd L,R,L)
1&2,3&4	Rock/step R to R, replace weight to L, step R beside L, rock/step L to L, replace weight to R, step L beside R
&5,6,7&8	Step R beside L, step back L, step back R, step back L, turn ¼ R & step R beside L, step fwd L

Begin again

Restarts: Wall 3 after count 32. Restart wall 4. (3.00)

Tag: At the end of wall 6, you will be facing front. Add 1-4 Step fwd R, pivot ½ L, repeat.

Finish: Dance counts (1-44&) - then continue step/lock/steps around to the front (anticlockwise).

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