

Mr Lonely

Song: Lonely (3.59mins)

Artist: Akon

Album: Trouble

Choreographer: Mitchell Burgess, Sydney, July 2005

<http://triode.net.au/~dragon/1liners>; 0433-273-682

Description: 4 Wall, Intermediate, 32 counts. 32 count intro.

Counts Step Descriptions

1-8: SIDE BEHIND, SIDE CROSS FRONT, SIDE TOUCH, 1 ¼ TURN, FWD COASTER:

1,2&3&4 Step L to L, cross/step R behind L, step L to L, cross/step R over L, step L to L, touch R to R (weight on L)

5,6,7&8 Turn ¼ R & step fwd R, turn ½ R & step back L, turn ½ R & step fwd R, step L beside R, step back R
(on counts 5,6, optional 2 ¼ turns-5&6&)

9-16: SWEEP BACK, SWEEP BACK SWEEPING COASTER,SAMBA CROSS, SAMBA ¼ R:

1,2,3&4 Sweep/step L behind, sweep/step R behind, sweep/step L back, step R beside L, step fwd L

5&6,7&8 Rock/step R to R, replace weight to L, cross/step R over L, rock/step L to L, turn ¼ R & replace weight to R, step fwd L

17-24: ROCK R, ROCK L ½ TURN R & TGTHR, ROCK L, ROCK R, ½ TURN L & TGTHR, HIPS:

1&2,3&4 Rock/step R to R, replace weight to L, hinge ½ turn R & step R beside L (weight R), rock/step L to L, replace weight to R, hinge ½ turn L & step L beside R

5&6,7&8 Step fwd R while turning body slightly to L 45 & bump hips fwd, back, fwd,
step fwd L while turning body slightly to R45 & bump hips fwd, back, fwd

25-32: STEP PIVOT ½, STEP, SHUFFLE FWD, STEP PIVOT ½, STEP PIVOT ¼, TOGETHER:

1&2,3&4 Step fwd R, pivot ½ turn L, step fwd R, shuffle fwd L,R,L

5,6&7&8& Step fwd R, pivot ½ turn L, step fwd R, pivot quick ½ turn L, step fwd R, pivot quick ¼ turn L, step R beside L.

64 BEGIN AGAIN

**One-Liner Bootscoters - Blacktown & Rosehill
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