

Keep Holdin' On

Song: Keep Holding On
Artist: Avril Lavigne
Choreographers: Mitch Burgess, Travis Taylor, Sobrielo Phillip Gene (**International In Line**)
Description: 2 Wall, 72 count , upper Intermediate Waltz Linedance Version 1.01

Beats	Steps
1-6	R TWINKLE, CROSS, POINT, HOLD
1,2,3	Cross R over L, step L to L , replace weight to R
4,5,6	Cross L over R, point R to R, hold
7-12	R TWINKLE, CROSS, POINT, HOLD
1-6	Repeat counts 1-6 above
13-18	SAILOR ¼ R, STEP, FULL TURN HOOK, STEP
1,2,3	Step R behind L, step L to L, ¼ turn R stepping forward R
4,5,6	Step forward L, full turn (360) R whilst hooking R under L knee, step forward R (3.00)
19-24	WALTZ FWD, BACK, TURN/SWEEP 270L
1,2,3	Step fwd L, step R beside L, step L slightly back
4,5,6	Step back R, keeping weight on R sweep L back turning 270deg L (6.00)
25-30	BEHIND, SIDE, CROSS, STEP, & DRAG
1,2,3	Cross/step L behind R, step R to R, cross/step L over R
4,5,6	Big step R to R side dragging L towards R for 2 counts
31-36	SAILOR ¼ L TOUCH, STEP, FULL TURN SWEEP
1,2,3	Cross/step L behind R, step R to R, turn ¼ L keeping weight on R & touch L toe fwd
4,5,6	Step down on L, keep weight on L & full turn L sweeping R toe out to side (2 counts for turn)
37-42	R TWINKLE ¼ R, STEP, ¼ TWIST, ¼ TWIST
1,2,3	Cross/step R over L, step L to L, turn ¼ R & step fwd R,
4,5,6	Step L fwd, turn ¼ R twisting heels to L, turn ¼ L twisting heels to R (centre) weight on L
43-48	WALTZ FWD, STEP BACK, & DRAG
1,2,3	Step fwd R, step L beside R, step back R
4,5,6	Step back L, drag R towards L, touch R beside L
49-54	STEP SIDE, DRAG, FULL TURN L
1,2,3	Step R to R, drag L towards R for 2 counts
4,5,6	Turn ¼ L & step fwd L, turn ½ L & step back on R, turn ¼ L & step L to L & face L 45
55-60	FWD COASTER, STEP BACK, & DRAG
1,2,3	(to the L diagonal)- Step fwd R, step L beside R, step back R
4,5,6	Step back L, drag R towards L for 2 counts
61-66	ROCK SIDE, REPLACE, CROSS, BACK, SIDE, CROSS
1,2,3	1/8 Turn R & rock R to R side (6.00), replace weight to L, cross/step R over L
4,5,6	Step L back, step R to R, cross/step L over R,
67-72	SIDE, & DRAG, FULL TURN L
1,2,3	Step R to R, drag L towards R for 2 counts
4,5,6	Turn ¼ L & step fwd L, turn ½ L & step back on R, turn ¼ L & step L to L side
	Begin again!
Restart:	Wall 3. Dance counts 1-21, then add:-
1,2,3	Step back R, turn ¼ L & step L to L while dragging R towards L for 2 counts. Restart facing front.